

## Supplement to:

Rosenfeld, Michael J., and Sonia Hausen. 2023. "Resilience and Stress in Romantic Relationships in the United States During the COVID-19 Pandemic" Sociological Science 10: 472-500.

Appendix Table 1: Comparing HCMST 2020 and CPS September 2020 data

|   | HCMST 2020          | CPS 2020            |  |
|---|---------------------|---------------------|--|
| Mean Age (SD), min= 21                            | 49.25 (17.1)        | 49.4 (17.5)         |  |
| Percent female                                    | 52.1                | 51.8                |  |
| Percent with BA or more                           | 36.3                | 36.3                |  |
| Percent w household income <\$150K                | 80.2                |                     |  |
| Mean household Income (SD) if hhincome<150K       | \$67,374 (\$38,565) |                     |  |
| percent w family income <\$150K                   |                     | 84.5                |  |
| Mean family income (SD), if fam income<150K       |                     | \$62,858 (\$37,539) |  |
| Percent married and living w spouse               | 59.2                | 53.5                |  |
| Percent cohabiting w unmarried partner            | 8.4                 | 8.1                 |  |
| Mean number of children <13 in the household (sd) | 0.33 (0.79)         | 0.43 (0.86)         |  |
| Race/Ethnicity (percent)                          |                     |                     |  |
| NH White  | 63.5                | 63.1                |  |
| NH Black  | 11.7                | 11.8                |  |
| Hispanic  | 16.7                | 16.4                |  |
| NH Other  | 8.1                 | 8.7                 |  |
| Region (percent)                                  |                     |                     |  |
| Northeast   | 17.3                | 17.4                |  |
| Midwest   | 20.8                | 20.7                |  |
| South   | 38.1                | 38.1                |  |
| West  | 23.9                | 23.9                |  |
| N   | 2,107               | 83,012              |  |

Source: Weighted HCMST 2020 data (fielded in September 2020) and weighted CPS data from September, 2020. HCMST 2020 minimum age was 21. CPS minimum age set to 21 to match HCMST. Family income is not the same as household income; household income expected to be higher because it can include income of household members who are not part of subject's family. CPS family income was top coded at \$150K.

Appendix Table 2: The Association between Economic Hardship and Relationship Quality during the Pandemic

| Economic           |        | Relationship      |       |       |  |  |
|--------------------|--------|-------------------|-------|-------|--|--|
| Situation Better o | r      | Quality better or |       |       |  |  |
| Worse?             |        | worse?            |       |       |  |  |
|                    | Better | No Change         | Worse | Total |  |  |
| Much Worse         | 22     | 61                | 15    | 98    |  |  |
| Worse              | 48     | 213               | 29    | 290   |  |  |
| No Change          | 177    | 862               | 34    | 1,073 |  |  |
| Better             | 31     | 105               | 9     | 145   |  |  |
| Much Better        | 2      | 16                | 0     | 18    |  |  |
| Total              | 281    | 1,256             | 87    | 1,624 |  |  |

Source: Weighted data from HCMST 2020, rounded to the nearest integer. Chisquare 49.8 (8df), with a P value of  $4.4\times10^{-8}$ 

Appendix Table 3: Stability in relationship satisfaction during the pandemic in two weighted versions: with and without correction for attrition between 2017 and 2020

| How has the pandemic affected | Accounting for Attrition | Not accounting for attrition |
|-------------------------------|--------------------------|------------------------------|
| your relationship             | Pct                      | Pct                          |
| Relationship is Better        | 17.46                    | 17.48                        |
| No Change                     | 77.19                    | 77.18                        |
| Worse                         | 5.35                     | 5.34                         |
| Total                         | 100                      | 100                          |
| N                             | 1,629                    | 1,629                        |

Source: weighted data from HCMST 2020, partnered respondents.

Appendix Table 4: Relationship Quality and Change in Relationship Quality over survey waves. In General, How would you describe the Quality of your Relationship with [Partner\_name]?

| Year                               | 2009  | 2009                    | 2013                      | 2017  | 2017                    | 2020                      | 2017                    | 2022                      |
|------------------------------------|-------|-------------------------|---------------------------|-------|-------------------------|---------------------------|-------------------------|---------------------------|
| Criteria                           | All   | Still partnered in 2013 | Still partnered from 2009 | All   | Still partnered in 2020 | Still partnered from 2017 | Still partnered in 2022 | Still partnered from 2017 |
| Excellent                          | 59.4  | 67.3                    | 56.4                      | 59.0  | 63.8                    | 53.3                      | 64.3                    | 53.3                      |
| Good                               | 29.8  | 26.7                    | 35.2                      | 31.7  | 30.5                    | 36.6                      | 30.2                    | 38.2                      |
| Fair                               | 8.8   | 5.0                     | 6.3                       | 7.3   | 6.1                     | 7.6                       | 5.1                     | 6.2                       |
| Poor                               | 1.4   | 0.6                     | 1.4                       | 1.2   | 0.5                     | 2.0                       | 0.4                     | 1.9                       |
| Very Poor                          | 0.6   | 0.3                     | 0.6                       | 0.9   | 0.2                     | 0.6                       | 0.1                     | 0.5                       |
| Total                              | 100   | 100                     | 100                       | 100   | 100                     | 100                       | 100                     | 100                       |
| Δ relationship quality, 5 pt scale |       |                         | -0.148                    |       |                         | -0.151                    |                         | -0.162                    |
| Δ years                            |       |                         | 4.12 years<br>(2009-2013) |       |                         | 3.17 years<br>(2017-2020) |                         | 4.69 years<br>(2017-2022) |
| Δ relationship quality per year    |       |                         | -0.036                    |       |                         | -0.048                    |                         | -0.034                    |
| N                                  | 2,996 | 1,417                   | 1,417                     | 2,847 | 1,485                   | 1,485                     | 1,092                   | 1,092                     |

Source: weighted data from HCMST 2009 and 2013 (2009 panel) and HCMST 2017, 2020, and 2022 (2017 panel), partnered respondents. Test for the slope difference between 2009-2013 compared to 2017-2020: T-statistic 1.58, P>0.11. Test for the slope difference between 2009-2013 compared to 2017-2022: T-statistic 0.31, P>0.76.

Appendix Table 5: The decline in non-cohabiting relationships and the rise in singleness from 2017 to 2020, for subjects interviewed in both surveys

| Relationship status                        | Survey year 2017 | Survey year 2020 |  |
|--|------------------|------------------|--|
|  | (col pct)        | (col pct)        |  |
| Married                                    | 59.8             | 60.1             |  |
| in non-Marital Cohabiting relationship     | 9.4              | 8.4              |  |
| in non-Marital non-Cohabiting relationship | 11.0             | 8.0              |  |
| Single                                     | 19.8             | 23.6             |  |
| Total                                      | 100              | 100              |  |
| N  | 2,106            | 2,106            |  |
| Chisquare test: 18.7† (3df)                |                  |                  |  |

## †P<0.01

Source: Weighted data from HCMST 2017 and HCMST 2020, same subjects interviewed in both surveys. One subject of the 2,107 HCMST 2020 respondents was dropped because they did not answer the question in 2020 about whether they were currently living with their new partner. Although minimum age is 3 years older in the HCMST 2020 dataset, trimming the youngest respondents from the HCMST 2017 sample does not substantively alter the results.

Appendix Table 6: Derivative of relationship outcome due to the pandemic by time spent together (dy/dx), for each relationship outcome and 2017 relationship quality, from Model 5 of Table 4

| Reported effect<br>of pandemic on<br>relationship | 2017 Relationship<br>Quality (ref:<br>Good) | derivative<br>(SE)  |
|---|---|---------------------|
| Worse   | Excellent                                   | -0.049†<br>(0.0078) |
| Worse   | Fair to v. Poor                             | 0.023<br>(0.08)     |
| No change   | Excellent                                   | -0.33†<br>(0.034)   |
| No change   | Fair to v. Poor                             | -0.012<br>0.040     |
| Better  | Excellent                                   | 0.38†<br>(0.035)    |
| Better  | Fair to v. Poor                             | -0.01<br>(0.04)     |

## †P<0.01

Source: Weighted data from HCMST 2017 and HCMST 2020, N=1262, same subjects interviewed in both surveys. See Table 4 and discussion in the text.

Appendix Table 7: More tests of 2022 predictors of better pandemic relationship response including prior relationship quality, from ordered logit regressions, with coefficients and (SE)

| Relationships included:   | M1<br>all       | M2<br>all       | M3<br>Intact     | M4<br>intact     |
|---|-----------------|-----------------|------------------|------------------|
| Outcome Year  | 2022            | 2022            | 2022             | 2022             |
| Number of children in HH <13 y.o.   | 0.08 (0.08)     | 0.22<br>(0.12)  |                  |                  |
| BA+ (ref <hs)< td=""><td>0.16<br/>(0.30)</td><td>-0.03<br/>(0.28)</td><td></td><td></td></hs)<> | 0.16<br>(0.30)  | -0.03<br>(0.28) |                  |                  |
| Prior Relationship Quality (ref Excellent)¥ Good  |                 |                 | -0.20<br>(0.23)  | -0.46*<br>(0.23) |
| Fair, poor, very poor   |                 |                 | -0.55<br>(0.42)  | -1.67†<br>(0.38) |
| Spent more time together during pandemic  |                 |                 | 1.70†<br>(0.21)  | 1.92†<br>(0.23)  |
| Spent more time × Relationship Good   |                 |                 | -0.23<br>(0.40)  | -0.58<br>(0.40)  |
| Spent more time × Relationship Fair-Poor  |                 |                 | 0.42<br>(0.95)   | -1.98†<br>(0.72) |
| Log income  | 0.001<br>(0.09) | -0.02<br>(0.08) |                  |                  |
| Female  | 0.08<br>(0.14)  | 0.05<br>(0.15)  |                  |                  |
| Female x number of children   |                 | -0.15<br>(0.15) |                  |                  |
| Same-sex  | -0.37<br>(0.56) | -0.49<br>(0.42) |                  |                  |
| Female × Same-sex   | -0.45<br>(0.85) |                 |                  |                  |
| Live with partner   | 0.31<br>(0.24)  |                 |                  |                  |
| Much worse personal econ situation (ref no change)  |                 |                 | -1.86†<br>(0.39) | -1.33†<br>(0.40) |
| Worse econ situation  |                 |                 | -0.09<br>(0.24)  | -0.02<br>(0.24)  |
| Better econ situation   |                 |                 | 0.44<br>(0.27)   | 0.45<br>(0.27)   |
| Much better econ situation  |                 |                 | 2.25†<br>(0.59)  | 2.28†<br>(0.60)  |
| N   | 1,293           | 1,328           | 903              | 903              |
| Chisquare   | 31.6<br>(19 df) | 11.7<br>(8 df)  | 132<br>(9 df)    | 179<br>(9 df)    |

Source: weighted (and attrition-adjusted) data from HCMST 2017, 2020, and 2022. Intact relationships were intact since 2017. Non-significant contrasts not shown in M1: 4df race, 2df for renter status, 2df for age and age-squared, 2df for HS and Some college, 1df for marriage, 1 df for relationship duration.

 $\pm$  Prior relationship quality is 2017 (pre-pandemic) relationship quality for M3, and 2020 relationship quality for M4.  $\uparrow$  P<0.01; \* P<0.05, two tailed tests.

Appendix Table 8A: Propensity Score Estimates of the causal effect of spending more time with partner on better relationship outcome in 2020 (SE), ATE; with weighted balance of standardized differences and variance ratios before and after matching

| 2017 relationship quality              | All               |         | Excellent         |         | Good              |         | Fair to Ve       | ry Poor |
|--|-------------------|---------|-------------------|---------|-------------------|---------|------------------|---------|
| Average<br>Treatment Effect<br>(ATE)   | 0.304†<br>(0.035) |         | 0.379†<br>(0.039) |         | 0.184*<br>(0.074) |         | -0.045<br>(0.12) |         |
| Standardized<br>Differences<br>(means) | Raw               | Matched | Raw               | Matched | Raw               | Matched | Raw              | Matched |
| BA                                     | 0.45              | -0.003  | 0.44              | 0.00    | 0.39              | -0.01   | 0.74             | 0.00    |
| Log income                             | 0.34              | -0.001  | 0.33              | 0.00    | 0.34              | 0.03    | 0.30             | 0.06    |
| 2017 rel qual<br>good                  | -0.14             | -0.005  |                   |         |                   |         |                  |         |
| 2017 rel qual<br>fair-poor             | -0.05             | -0.03   |                   |         |                   |         |                  |         |
|  |                   |         |                   |         |                   |         |                  |         |

| Variance Ratio             | Raw  | Matched | Raw  | Matched | Raw  | Matched | Raw  | Matched |
|----------------------------|------|---------|------|---------|------|---------|------|---------|
| BA                         | 1.02 | 1.00    | 0.99 | 1.00    | 1.10 | 1.00    | 1.07 | 1.00    |
| Log income                 | 0.91 | 0.96    | 0.99 | 1.01    | 0.81 | 0.92    | 0.54 | 0.48    |
| 2017 rel qual<br>good      | 0.86 | 0.96    |      |         |      |         |      |         |
| 2017 rel qual<br>fair-poor | 0.81 | 0.89    |      |         |      |         |      |         |

<sup>†</sup> P<0.01; \* P<0.05

Source: Weighted data from HCMST 2017 and 2020. A good propensity score match should have treatment (in this case respondents who spent more time with their partners during the pandemic) and control groups (respondents who did not spend more time with their partners) with matched means close to zero, and matched variance ratios close to one.

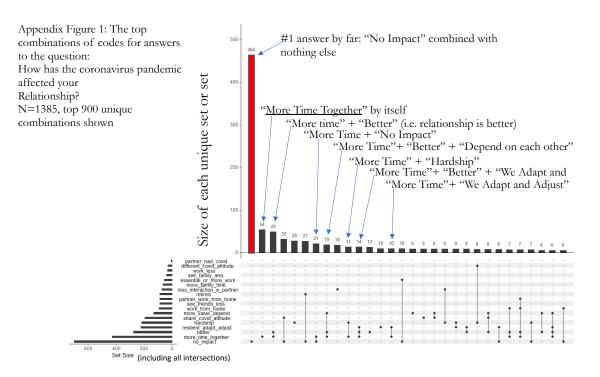
Appendix Table 8B: Propensity Score Estimates of the causal effect of spending more time with partner on better relationship outcome in 2020 (SE), ATT; with weighted balance of standardized differences and variance ratios before and after matching

| 2017 relationship quality                              | All               |         | Excellent         |         | Good              |         | Fair to Ve       | ry Poor |
|--|-------------------|---------|-------------------|---------|-------------------|---------|------------------|---------|
| Average<br>Treatment Effect<br>on the Treated<br>(ATT) | 0.307†<br>(0.033) |         | 0.374†<br>(0.036) |         | 0.192*<br>(0.077) |         | -0.083<br>(0.17) |         |
| Standardized<br>Differences<br>(means)                 | Raw               | Matched | Raw               | Matched | Raw               | Matched | Raw              | Matched |
| BA   | 0.45              | 0.01    | 0.44              | 0.00    | 0.39              | 0.00    | 0.74             | 0.00    |
| Log income   | 0.34              | 0.01    | 0.33              | 0.00    | 0.34              | 0.00    | 0.30             | 0.06    |
| 2017 rel qual<br>good                                  | -0.14             | -0.01   |                   |         |                   |         |                  |         |
| 2017 rel qual<br>fair-poor                             | -0.05             | 0.09    |                   |         |                   |         |                  |         |

| Variance Ratio             | Raw  | Matched | Raw  | Matched | Raw  | Matched | Raw  | Matched |
|----------------------------|------|---------|------|---------|------|---------|------|---------|
| BA                         | 1.02 | 1.00    | 0.99 | 1.00    | 1.09 | 1.00    | 1.07 | 1.00    |
| Log income                 | 0.91 | 1.01    | 0.99 | 1.00    | 0.81 | 1.00    | 0.54 | 1.31    |
| 2017 rel qual<br>good      | 0.86 | 0.99    |      |         |      |         |      |         |
| 2017 rel qual<br>fair-poor | 0.81 | 1.61    |      |         |      |         |      |         |

<sup>†</sup> P<0.01; \* P<0.05

Source: Weighted data from HCMST 2017 and 2020. A good propensity score match should have treatment (in this case respondents who spent more time with their partners during the pandemic) and control groups (respondents who did not spend more time with their partners) with matched means close to zero, and matched variance ratios close to one.



Source: Lex, Alexander, and Nils Gehlenborg. "Sets and Intersections." Nature Methods 11, no. 8 (2014): 779. This figure describes all combinations of codes with at least 6 observations.